



**Demographics**

Female  
 Male

Name: \_\_\_\_\_ Birthday: \_\_\_/\_\_\_/\_\_\_ SS#: \_\_\_-\_\_\_-\_\_\_  
 Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_  
 Cell #: (\_\_\_\_) \_\_\_\_\_ Home #: (\_\_\_\_) \_\_\_\_\_ Work #: (\_\_\_\_) \_\_\_\_\_  
 Email \_\_\_\_\_ - Used for Online Portal, Check-in, Appointment reminders, Announcements  
 Contact Preference: Check if:  CELL  HOME  WORK  EMAIL EMPLOYER: \_\_\_\_\_  
 Race:  White  Black/AA  Hispanic/Latino  Multi/Other: \_\_\_\_\_ Preferred language if not English: \_\_\_\_\_  
 Emergency Contact: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_  
 Primary Care Physician: \_\_\_\_\_ Last exam or visit: \_\_\_/\_\_\_/\_\_\_ Reason: \_\_\_\_\_

**Insurance**

Insurance: \_\_\_\_\_  Check if policy holder is yourself and skip to the next section  
 Policy Holder Name: \_\_\_\_\_ Policy Holder DOB: \_\_\_/\_\_\_/\_\_\_

**Medical History**

Smoking:  Never  Previous  Current \_\_\_ packs/day for \_\_\_ years, Start year: \_\_\_ End Year: \_\_\_  
 Desire to Quit Level (No desire) 0 1 2 3 4 5 6 7 8 9 10 (Process started)  
 Surgeries (list year):  C-section \_\_\_  Hysterectomy \_\_\_  Joint Replacement \_\_\_  Knee Repair \_\_\_  
 Shoulder Repair \_\_\_  Spinal Fusion \_\_\_  Spinal Discectomy \_\_\_  Other: \_\_\_\_\_  
 Major Hospitalization/Infections/Trauma: \_\_\_\_\_

**Review of Systems**

**Constitutional**

\_\_\_ Weight Loss  
 \_\_\_ Weight Gain  
 \_\_\_ Loss of Appetite  
 \_\_\_ Recent Fever/Chills  
 \_\_\_ Fatigue  
 \_\_\_ Cancer: \_\_\_\_\_  
 \_\_\_ Change in Bowel or Bladder Function  
 \_\_\_ Fainting or Loss of Consciousness  
 \_\_\_ Recent Falls

**Skin**

\_\_\_ Frequent Rashes  
 \_\_\_ Open Wounds  
 \_\_\_ Skin Lesion  
 \_\_\_ Itchy/Red Skin  
 \_\_\_ Skin Cancer

**Eye**

\_\_\_ Blurred Vision  
 \_\_\_ Vision Loss  
 \_\_\_ Double Vision

**ENT**

\_\_\_ TMJ / Jaw Pain  
 \_\_\_ Nose Bleeds  
 \_\_\_ Hearing Loss  
 \_\_\_ Ringing Ears  
 \_\_\_ Hoarseness/Sore Throat  
 \_\_\_ Difficult Swallowing  
 \_\_\_ Sinus Infections

**Lung/Respiratory**

\_\_\_ Short of Breath  
 \_\_\_ Wheezing  
 \_\_\_ Chronic Cough  
 \_\_\_ Exercise Intolerance  
 \_\_\_ Asthma

**Cardiovascular**

\_\_\_ Chest Pain  
 \_\_\_ Irregular Beat  
 \_\_\_ Calf Pain  
 \_\_\_ High Cholesterol  
 \_\_\_ High Blood Pressure

**Digestive**

\_\_\_ Heartburn  
 \_\_\_ Nausea/Vomiting  
 \_\_\_ Blood in Stool  
 \_\_\_ Liver/Gallbladder

**Kidney/Bladder**

\_\_\_ Painful Urination  
 \_\_\_ Problems Urinating  
 \_\_\_ Incontinence  
 \_\_\_ Kidney Stones  
 \_\_\_ Kidney Problems  
 \_\_\_ UTI  
 \_\_\_ Dialysis

**Glands**

\_\_\_ Excessive Thirst  
 \_\_\_ Frequent Urination  
 \_\_\_ Diabetes  
 \_\_\_ Always Hot/Cold  
 \_\_\_ Thyroid problems  
 \_\_\_ Swelling

**Blood**

\_\_\_ Anemia  
 \_\_\_ Easy Bruise/Bleeding  
 \_\_\_ Clotting Disorders  
 \_\_\_ Blood Transfusion

**Neurological**

\_\_\_ Headaches  
 \_\_\_ Migraines  
 \_\_\_ Dizziness  
 \_\_\_ Vertigo  
 \_\_\_ Weakness  
 \_\_\_ Change in Sensation  
 \_\_\_ Epilepsy  
 \_\_\_ Stroke  
 \_\_\_ Concussion

**Skeletal**

\_\_\_ Arthritis  
 \_\_\_ Osteoporosis  
 \_\_\_ Broken Bones  
 \_\_\_ Painful Joints  
 \_\_\_ Sports Injury

**Psychiatric**

\_\_\_ Drug/Alcohol Abuse  
 \_\_\_ Depression  
 \_\_\_ Anxiety  
 \_\_\_ Phobias

**Male Reproductive**

\_\_\_ Erectile Dysfunction  
 \_\_\_ Prostate Problems  
 \_\_\_ Dribbling Urine  
 \_\_\_ Low Testosterone  
 \_\_\_ Infections/STDs  
 \_\_\_ Discharge  
 \_\_\_ Pain in genitals

**Female Reproductive**

Last cycle: \_\_\_\_\_  
 \_\_\_ Pregnancies # \_\_\_\_\_  
 \_\_\_ Pain/Discharge  
 \_\_\_ Yeast Infections  
 \_\_\_ Birth Control or Hormone Replacement  
 \_\_\_ Irregular Cycles  
 \_\_\_ Post-Menopause

**Family History**

Check & Circle all of the following that apply to your FAMILY MEMBERS (Mother/Father/Brother/Sister):  
 Cancer: M / F / B / S List Type(s): \_\_\_\_\_  Heart Disease: M / F / B / S  Stroke: M / F / B / S  
 Blood Pressure: M / F / B / S  Diabetes: M / F / B / S  Arthritis/Rheumatoid Arthritis: M / F / B / S  
 Neurological Disorder: M / F / B / S  AutoImmune Disorder: M / F / B / S  Other: \_\_\_\_\_ M / F / B / S

## Nutritional History

Water	<input type="checkbox"/> Seldom (less 1 glass/day)	<input type="checkbox"/> Some (2-3 glasses)	<input type="checkbox"/> Regularly (4-6 glasses)	<input type="checkbox"/> Exclusive (6+glasses)	
Alcoholic Beverages:	<input type="checkbox"/> Never	<input type="checkbox"/> Occasionally/Socially	<input type="checkbox"/> Regularly (1-2 servings/week)	<input type="checkbox"/> Daily	
Coffee	<input type="checkbox"/> Never	<input type="checkbox"/> Rarely	<input type="checkbox"/> Weekly	<input type="checkbox"/> Daily	
Soda: Regular or Diet	<input type="checkbox"/> Never	<input type="checkbox"/> Rarely	<input type="checkbox"/> Weekly	<input type="checkbox"/> Daily	
Artificial Sweetener:	<input type="checkbox"/> Never	<input type="checkbox"/> Rarely (1-2 per month)	<input type="checkbox"/> Weekly (1-2 servings/week)	<input type="checkbox"/> Daily	
Dairy	<input type="checkbox"/> Never	<input type="checkbox"/> Rarely	<input type="checkbox"/> Weekly	<input type="checkbox"/> Daily	
Gluten/Grains	<input type="checkbox"/> Never	<input type="checkbox"/> Rarely	<input type="checkbox"/> Weekly	<input type="checkbox"/> Daily	
Diet:	<input type="checkbox"/> Fruits/Vegetables	<input type="checkbox"/> Meat	<input type="checkbox"/> Processed/Packaged Foods	<input type="checkbox"/> Fast Food	<input type="checkbox"/> Infrequent Meals

Current Medications: \_\_\_\_\_

Medication Allergies: \_\_\_\_\_ Reaction: \_\_\_\_\_

Current Supplements/OTC: \_\_\_\_\_

### **CONSENT TO TREATMENT**

I HEREBY REQUEST AND CONSENT to performance of chiropractic and acupuncture procedures, including but not limited to various modes of physical medicine, therapies, joint manipulation, needling, diagnostic tests, including radiographic x-rays, on me (or the child/patient named below for which I am legally responsible) by the licensed physician(s) and/or other healthcare providers who are now or in the future employed by the office listed above, as deemed necessary. The patient may refuse treatment at any time. I CERTIFY that all information provided to this office is true and correct, to the best of my knowledge, and will have the opportunity to discuss the nature of my case, including treatment, procedures and other options. I understand that results are not guaranteed. I understand and am informed that in the applicable methods of treatment (chiropractic, acupuncture) there are some risks, including fracture, disc injuries, strokes, dislocations, sprains, pneumothorax and infections. I do not expect the physician(s) or other provider(s) to be able to anticipate and explain all the risks and complications, and I wish to rely upon the physician(s) or other provider(s) judgment during the course of the treatment or procedure, given the facts known then to him or her, acting in my best interest. I HAVE READ, or have had read to me, the above consent, and have been offered the amendment document "Informed Consent". I have had an opportunity to ask questions about its content. By signing below I agree to the above named procedures. I intend this consent form to cover the entire course of treatment for my present condition, and for any future condition(s) for which I seek treatment.

### **ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES**

I acknowledge that I have been offered a copy of the Active Family & Sports Chiropractic PLLC ("AFSC") "Notice of Privacy Practices" This notice describes how AFSC may use and disclose my protected health information, certain restrictions on the use and disclosure of that information and rights I may have regarding my protected health information.

### **RIGHT TO SUBMIT BILLING**

Active Family & Sports Chiropractic PLLC will file claims with your insurance company as a courtesy to you. You will be responsible for your deductible and/or co-payments at the time of treatment. If your insurance company does not pay as anticipated, you accept full responsibility for the amount billed this practice, as soon as we/you are aware of the denial. This practice will attempt payment plans suited to each patient's individual needs. Ultimately, patients are responsible for all costs for services rendered, legal fees, and collection agency fees.

\_\_\_\_\_  
PRINTED NAME OF PATIENT

\_\_\_\_\_  
PATIENT OR GUARDIAN SIGNATURE

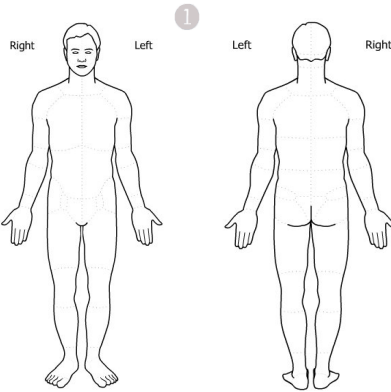
\_\_\_\_\_  
DATE



## Current Complaints

Name: \_\_\_\_\_

Date: \_\_\_\_\_



CIRCLE area of discomfort and NUMBER that area  
 Mark XXX for any radiation or movement of discomfort

No pain ----- Severe pain

Area 1: Discomfort Area: \_\_\_\_\_ 0 1 2 3 4 5 6 7 8 9 10

Area 2: Discomfort Area: \_\_\_\_\_ 0 1 2 3 4 5 6 7 8 9 10

Area 3: Discomfort Area: \_\_\_\_\_ 0 1 2 3 4 5 6 7 8 9 10

**Complaint 1:** \_\_\_\_\_ Date began: \_\_\_\_/\_\_\_\_/\_\_\_\_

Describe pain/complaint: \_\_\_\_\_

Frequency:  Constant (76-100% of the time)  Frequent (51-75%)  Intermittent (comes & goes) (26-50%)  Rare (0-25%)

Worse:  Morning  Afternoon  Evening  Night  No different

What makes it worse? \_\_\_\_\_

What makes it better? \_\_\_\_\_

Affected ability to: \_\_\_\_\_

Other provider seen -Who: \_\_\_\_\_ Where: \_\_\_\_\_

When: \_\_\_\_\_ Treatment: \_\_\_\_\_

X-ray  MRI/CT  Bone Density Exam Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Facility: \_\_\_\_\_ Body part: \_\_\_\_\_

**Complaint 2:** \_\_\_\_\_ Date began: \_\_\_\_/\_\_\_\_/\_\_\_\_

Describe pain/complaint: \_\_\_\_\_

Frequency:  Constant (76-100% of the time)  Frequent (51-75%)  Intermittent (comes & goes) (26-50%)  Rare (0-25%)

Worse:  Morning  Afternoon  Evening  Night  No different

What makes it worse? \_\_\_\_\_

What makes it better? \_\_\_\_\_

Affected ability to: \_\_\_\_\_

Other provider seen -Who: \_\_\_\_\_ Where: \_\_\_\_\_

When: \_\_\_\_\_ Treatment: \_\_\_\_\_

X-ray  MRI/CT  Bone Density Exam Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Facility: \_\_\_\_\_ Body part: \_\_\_\_\_

**Complaint 3:** \_\_\_\_\_ Date began: \_\_\_\_/\_\_\_\_/\_\_\_\_

Describe pain/complaint: \_\_\_\_\_

Frequency:  Constant (76-100% of the time)  Frequent (51-75%)  Intermittent (comes & goes) (26-50%)  Rare (0-25%)

Worse:  Morning  Afternoon  Evening  Night  No different

What makes it worse? \_\_\_\_\_

What makes it better? \_\_\_\_\_

Affected ability to: \_\_\_\_\_

Other provider seen -Who: \_\_\_\_\_ Where: \_\_\_\_\_

When: \_\_\_\_\_ Treatment: \_\_\_\_\_

X-ray  MRI/CT  Bone Density Exam Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Facility: \_\_\_\_\_ Body part: \_\_\_\_\_